Self-Reflection Exercise

Each learner is required to conduct a self-reflection of one of their videorecorded interviews. Using the directions below, upload one video, review the interview and corresponding debrief discussion, and notate key moments. These include:

- Instances where an alternative approach may have been useful, including an explanation of why and example(s) of how alternative approaches might look and/or sound.
- Examples of information learned about the client and how it influenced your approach (or examples of information you missed about this client, how you could have learned it, and why it matters)

Each learner must make at least **two comments** on their own video. Comments must be either audio or video recordings (no text). Having completed the assignment, submit the annotated video for review by course faculty.

[Note: As this is a self-reflection, please scrub to the portion of the recording involving you (interview and debrief) for review and commentary; do not comment on peer video submissions.]

VoiceThread Media Uploading and Annotation Instructions

Accessing VoiceThread:
- Open Chrome internet browser
- Go to voicethread.com
- Click “Sign in”
- Click “Find my institution” button
- Type in WSU and select Washington State University
- Click “Sign in”
- Use WSU credentials to complete network authentication process

Uploading and annotating media:
- On the left-hand side of the window, click the double arrows to show menu

- Open “Groups” dropdown menu and select Clinical Communication
- Click “Add your own,” select “Create a new VoiceThread,” and then add your media by browsing device or drag and drop

*Note that VoiceThread has a file size limit of 3GB. While your video will be long (approximately 2hrs), Zoom recordings are low resolution and therefore should not exceed the size limit.

* If you are having issues uploading (e.g., being stuck in the “Processing stage” for what seems like forever), cancel the process, and try to compress your video. See Video Compression Guide for instructions.
Label video: First and last name – scenario title – recording date
  - Example: Butch Cougar – Styx – 03/07/2022

Select “Playback Options” tab and set the parameters as shown below:

- Click “Save”
- Click “2. Comment” to review and annotate your video
  - While watching video, add verbal, or video comments by clicking the + symbol at the bottom of the window
    - Note: Drawing tools only available in combination with video or audio commentary
• When finished commentating click the X symbol in the top right-hand corner

• Click “Share and Return to Group” button

  o At pop-up window, confirm group permission is set to “View and comment” and then click “Submit/share with Clinical Communication” button
Turning Off VoiceThread Notifications:
VoiceThread sometimes inundates students with notifications. You can disable notifications by following the steps below:

1. Select “My Account” from the drop down menu (Click your email in the top right corner).

2. Select Notifications

3. Toggle off the notifications that you would like to mute.
Common reasons why your video is not visible to Dr. Cary!

Here are the most common reasons why Dr. Cary can’t see student videos.

1. You didn’t upload it
   a. Solution: Upload the video to the correct group
      i. In the final stage of uploading, where it says “Share”, select the group you’d like to share to.

2. You uploaded it, but did not share to the right group
   a. If you’ve already uploaded it, make sure you share it with the group. Hover over your video, and click share, then follow the step above to select the proper group.

3. You are not in the VoiceThread group, so your video wasn’t uploaded to the group.
   a. Click the link Stacy Schauls sent earlier in the semester to join the VoiceThread group, then upload and share to the group following the steps above.

Thank you everyone! Please let us know if questions come up!

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